



# Back To Life Chiropractic

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## NERVOUS SYSTEM TEST - Nutritec Symptom Survey Form

**Nutritec Software Symptom Survey Form**  
 NAME: \_\_\_\_\_ SEX:  Male  Female  
 AGE: \_\_\_\_\_ HEIGHT: \_\_\_\_\_ INCHES  
 WEIGHT: \_\_\_\_\_ POUNDS \_\_\_\_\_ LBS  
 OCCUPATION: \_\_\_\_\_

**INSTRUCTIONS:** Carefully tick out one of the three options available in each question.

**Legend:**  
 0 = None  
 1 = Mild  
 2 = Moderate  
 3 = Severe

**Directions:** Circle your answer in column 1, 2, or 3.  
 1 = SYMPATHETIC (SD) (Sympathetic Nervous System)  
 2 = NEUTRAL (N) (Neither Sympathetic nor Parasympathetic)  
 3 = PARASYMPATHETIC (PD) (Parasympathetic Nervous System)  
 (CAREFULLY READ DIRECTIONS BEFORE YOU BEGIN)

**QUESTIONS:**

- 1-10: **GROUP 1 - SD**
  - 1-10: Do you have any of the following?  
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 1-10: Do you have any of the following?
- 11-20: **GROUP 2 - SD**
  - 11-20: Do you have any of the following?  
 11-20: Do you have any of the following?  
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- 21-30: **GROUP 3 - PD**
  - 21-30: Do you have any of the following?  
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1. Fill out Nutritec Symptom Survey Form.  
*SD is for Sympathetic Nervous System and PD is for Parasympathetic Nervous System*

Write Results from Nutritec Symptom Survey Form:

SD \_\_\_\_\_

PD \_\_\_\_\_

Normal is no results.

|             |
|-------------|
| TOTAL SCORE |
|             |

If your total scores add up to 0-5 score yourself a 3. 6-12 your score is a 2. 13 and greater give yourself a 1.

|        |        |       |
|--------|--------|-------|
| 13 < □ | 6-12 □ | 0-5 □ |
|--------|--------|-------|

|                                  |                     |                                    |
|----------------------------------|---------------------|------------------------------------|
| <b>1</b><br>SICKNESS · CRISIS    | <b>2</b><br>AVERAGE | <b>3.</b><br>PREVENTION · WELLNESS |
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RE-EVALUATE

30 DAYS 45 DAYS 90 DAYS 120DAYS 1/2 YEAR \_\_\_ YEAR

|                            |       |  |
|----------------------------|-------|--|
| SP Outcome Assessment TEST | SCORE |  |
|----------------------------|-------|--|

DATE \_\_\_\_\_ NAME \_\_\_\_\_