



Back To Life Chiropractic

4201 W Highway 146 · LaGrange, KY 40031

www.BackToLifeChiropracticKY.com · 502-241-1122

Chemical Irritants

1. Lactic Acid
2. K+
(Potassium)
3. PGE-2
(Prostaglandin E-2)
**aspirin inhibits this one*
4. LTB-4
(Leukotriene B-4)
5. GAGS
(Glycosaminogycans)
6. Histamine
7. 5-HT
(Serotonin)
8. BK
(Bradykinin)

Anti-inflammatory Supplements	Helps inhibit these chemical irritants (See column on left)
1. Mg (Magnesium) (Formula 249- Men) (Formula 360- Women)	1 and 2
2. Multiple with Minerals (Formula 249 -Men) (Formula 360 - Women)	1 and 2
3. Antioxidant Flavanoids (Formula 249 or 360 / Juice Plus)	1 - 7 1 - 8
4. EPA (Eicosapentaenoic Acid)(Fish Oils) (Biomega-3)	3, 4, and 7
5. Ginger (Ginger, Turmeric, Boswellia, Onions and Garlic) (MobiJoint)	3, 4, and 7
6. CS and Glucosamine (MobiJoint)	5
7. Bromelain (Intenzyme Forte) <i>taken between meals</i>	8

Coupon
\$2 Off

All Supplemental Products In Office

*Get your Back to Life Coupon Card:
Buy five items and get \$5 off*

- Formula 249- Men*
- Formula 360-Women*
- Biomega- 500 or 1000*
- MobiJoint*
- Intenzyme Forte (ask for special instructions)*

Check out our Online Store: backtolifechiropracticky.com