

## **Back To Life Chiropractic** 4201 W Highway 146 · LaGrange, KY 40031 www.BackToLifeChiropracticKY.com · (502)-241-1122

## **NUTRITION** out of BMI 1 2 3 \_ BM 2 3 out of = 3 1 Hip/Waist Ratio 2 3 out of 1 2 3 **Balance Body Chemistry** out of 1 = Nutritec 2 3 out of 1 \_ PH 2 out of 1 3 = ZYTO 2 3 1 out of = CARDIOVASCULAR B.P. out of 1 2 3 SubMax Step Test 3 2 out of 1 \_ 1 Mile Test 2 3 out of 1 \_ FLEXIBILTY ROM 2 out of 1 3 **STRENGTH MRULFB-WEEK** 2 out of 1 3 SEMG 2 3 1 out of POSTURE VISUAL PS 2 3 out of 1 \_ X-RAY ANALYSIS 2 3 1 out of =NERVOUS SYSTEM-ANS NUTRITEC FORM SD/PD 2 3 out of 1 THERMAL 1 2 3 = out of Heart Math Pulse Wave 2 out of 3 1 PWP 2 1 3 \_ out of FEET-ARCHES VISUAL 1 2 out of 3 \_ **FL SCANNER** 2 3 1 out of \_ Disclaimer: Please check with your doctor before making changes to your diet and physical activities. Divide By **Total Score** Feel free to add other test to this score sheet to come up with your individual score. Wellness Score = DATE: NAME: 0%

50%

100%

SICKNESS · CRISIS AVERAGE PREVENTION · WELLNESS HEALTH SCALE

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