



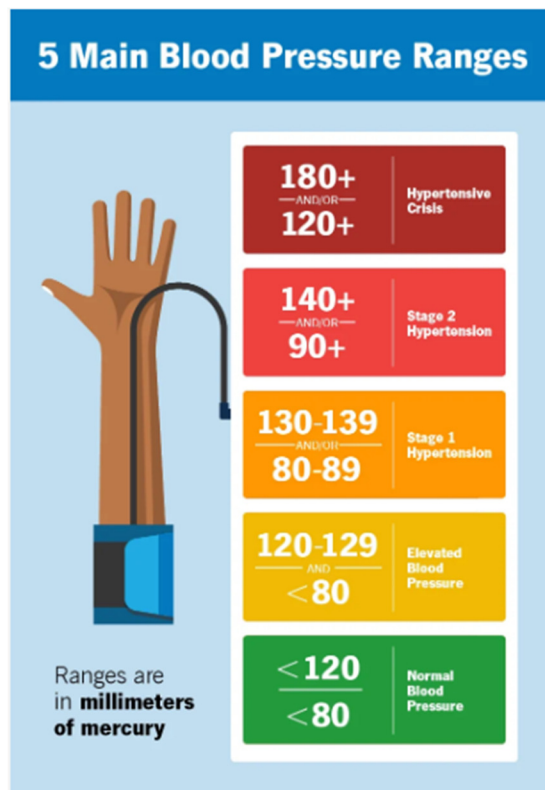
# Back To Life Chiropractic

4201 W Highway 146 · LaGrange, KY 40031  
 www.BackToLifeChiropracticKY.com · (502) 241-1122

## CARDIO TEST - BP

Blood Pressure: \_\_\_\_ / \_\_\_\_

Blood Pressure can be done at our office. See graphs about BP below:



If your BP is greater than 140/99 score yourself a 1. 120-139/80-89 your score is a 2. Less than 120/less than 80 give yourself a 3.

Greater than 140/90

120-139/80-89

Less than 120/80

<b>1</b> SICKNESS · CRISIS	<b>2</b> AVERAGE	<b>3.</b> PREVENTION · WELLNESS
www.BackToLifeChiropracticKY.com		

RE-EVALUATE

30 DAYS 45 DAYS 90 DAYS 120DAYS 1/2 YEAR \_\_ YEAR

DATE \_\_\_\_\_ NAME \_\_\_\_\_

BP TEST	SCORE	
---------	-------	--