NIS care is "tailor made" for you!

By evaluating ALL the body systems that make up physiological function collectively – for each individual – real causes can be addressed, and superior results achieved. Regardless of complaint, no two patients are the same. Each individual's makeup is different and NIS addresses the specific needs and physiological tolerances of each individual. This is what makes an NIS treatment unique.

Who is NIS for?

NIS is suitable for the whole family!

At each visit the goal is to determine and address what aspects of your body function the brain is not fully controlling. The approach is very non-invasive, stress & pain-free. This makes an NIS treatment suitable for the newborn baby through to the very aged, and those that are very sick or injured. NIS is one of the safest methods of healthcare available.

How often should I see my NIS practitioner?

Your NIS practitioner will recommend an initial plan of care for your specific complaint and needs. Once you have completed that, ongoing preventive care is important. As we go through the stress and busyness of life, our functioning potential can sometimes slip 'below par'. Often we are not even aware that our body is not functioning to its optimum. However, it is at this time that you could become a candidate for a more serious complaint! Regular care ensures your system is functioning at its best all the time, removing any potential threats to your immune system.

Maintenance check-ups are important

Red bloods cells perform the most important duty of travelling through your body delivering oxygen and removing waste. Your bones are continually producing new red blood cells. Aged red blood cells are removed by the liver, spleen and bone marrow.

Your body is hard at work all the time.

Our experience has shown that the body struggles to keep itself at its optimum longer than around 100 - 120 days - the average life cycle of a red blood cell. It is to this quarterly cycle that we suggest having that 'maintenance' check-up. This will take care of any small issues today – with a view to preventing larger issues developing in the future.



Who developed NIS?

Dr Phillips served as an Osteopathic Physician and health consultant to the Pacific Region for World Health and is the founder of Neurolink® and the developer of the Neurological Integration System (NIS).

Dr Allan K. Phillips, D.O.

Based in Auckland, New Zealand, Neurolink® is a committed leader in investigating and applying the principles of neuroscience to address WHY a patient's neurophysiological function has caused the symptoms of ill health/pain.

For general information please visit the Neurolink website: www.neurolinkglobal.com.

For any concerns regarding your health, or how you may personally benefit from NIS care please contact your NIS Practitioner directly.

Taking your health seriously



Neurolink® is a post-graduate training provider of its methods. Practitioners may not have been competency assessed. Neurolink has no governance over the professional code of ethics & conduct of any practitioners who participate in its programs, & therefore can not accept responsibility for the professional misconduct of any practitioner.





The Neurological Integration System (NIS) developed by Neurolink® is a ground-breaking approach to healthcare management used by practitioners around the globe.

Your NIS practitioner is able to address the real CAUSES of a wide range of complaints, to help you achieve superior and sustainable results.

Find out what NIS can do for you & your family.

What is NIS about?

NIS bases its treatment methods on the neurophysiology principle that the brain governs optimum function of all body's systems through its neurological circuitry.

It is constantly receiving information from every facet of the body, and in turn sends back 'fine tuning' messages, many times per second. This means every cell, gland, organ, muscle, tendon etc in the body is constantly monitored via these circuits to the brain.

Practitioners using NIS evaluate the body's function from a neurophsyiological point of view. This makes the NIS method very accurate in determining the CAUSE of complaints.

From time to time circuits in the body become disconnected (similar to a fuse blowing in your car or home.) Power is now reduced to that circuit, and this will effect function.

This is brought about when certain stresses to the body, exceed our individual tolerances. These stresses can be physical, pathological, neurological or emotional.

Similarly, the brain no longer has full communication with the area of function, represented by that circuit. While the brain knows all about the symptom pattern that occurs as a result of stresses, it no longer 'knows' about the circuits that represent the underlying causes.

How are complaints addressed?

Your NIS practitioner uses a prioritised set of treatment protocols to evaluate the neurological circuitry and the facets of body function they represent. This system, in simple terms could be thought of like a checklist that could be applied when servicing your car. These 'checks' evaluate all causal dysfunction that may have translated into symptoms.

NIS is unique. The practitioner is a facilitator in the feeding of data to and from the brain. To find out which areas of body function the brain is not fully controlling, a muscle test* is used. A muscle test is a scientifically proven method of determining whether the brain is in 'full communication' with body function. The muscle test acts as a feedback indicator to determine functional confusion associated with any body system.

* Muscle testing has been scientifically validated as an indicator of altered physiological function. D.A Monti et al, 1999

The science behind NIS

In order for optimum function to be restored, the brain must acknowledge the circuit fault. To do this, a NIS practitioner works with a defined area of neuroanatomy called the Post Central Gyrus. This area acts as the 'receiving & dispatching' centre of the brain. When touched, sensations are mediated via neural pathways directly associated with the post central gyrus. For example - if you close your eyes and have someone touch just one hair on your head, you would be able to tell them exactly where that occurred. The post central gyrus allows you to relate the sensation to its location. The same principle applies with NIS treatment. The post central gyrus knows or 'acknowledges' the relationship between the anatomical contacts the practitioner is holding.

For more information please visit the Neurolink website. www.neurolinkglobal.com



What complaints may be helped by NIS?...

With NIS your practitioner is able to treat a spectrum of complaints...

Structural - spinal, muscles, tendons, ligaments, joints

Physical - immune, digestive, respiratory, heart, chronic

Pathological - infections: viral, bacterial, fungal, protozoan

Neurological - trauma, ADD/ ADHD

Hormonal - depression, fertility, female health

Emotional - anxiety, bi polar, PTSD

Please note this is not a complete list. There are many other areas that may be resolved with NIS. For more information please visit the Neurolink website or speak to your NIS practitioner.

How are complaints viewed with NIS?

The way your complaint is viewed by NIS is quite different to other healthcare options. Most options are in some way or another only treating your symptoms and providing you with symptomatic relief.

NIS addresses the real underlying causes to provide long-term, sustainable results.

Eg: Asthma is a label indicating inflammation of the airways, causing respiratory difficulty. Rather than treat the inflammation itself which is a symptom only, NIS seeks to determine and address the issues that are causing the inflammation in the first place. The same principle applies for a myriad of complaints.

